



## INFORMATION ON THE PROGRAMME CONTENT

### The Norfolk Broads

is a network of mostly navigable rivers and lakes in Norfolk and Suffolk, with the majority in the former county. The lakes, known as broads, were formed by the flooding of peat workings, dating back to the 12th century.

There are some 200 km of navigable waterways, with 3 principal rivers – the Yare, the Bure and the Waveney – 4 minor rivers and some 63 broads, mostly no more than 4 metres deep. Originally this man-made network of waterways and channels were used for commerce, with Yarmouth acting as the port. At this time – the 16<sup>th</sup> century – Norwich was the second most important city in England, after London.

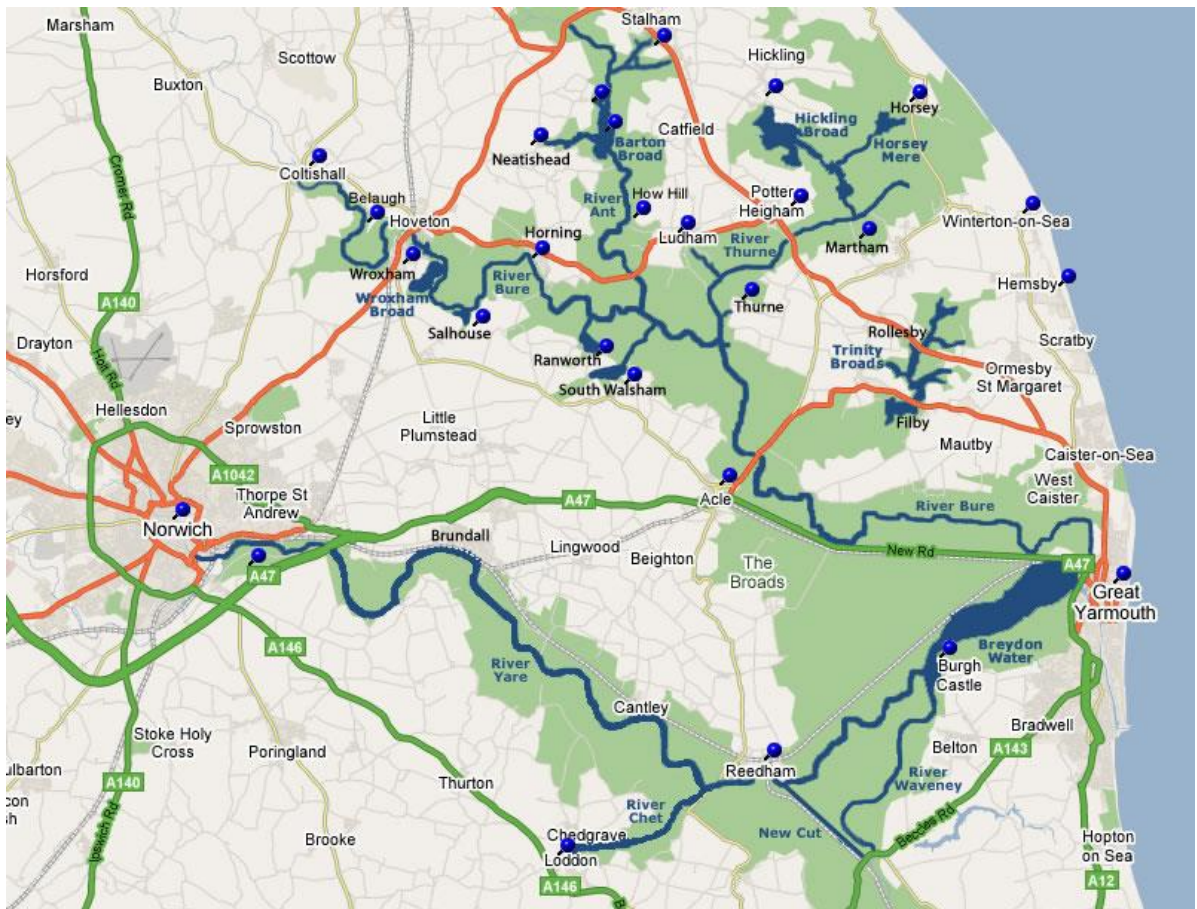
Today, the broads are a centre for recreation and boating. In 1988 the Norfolk & Suffolk Broads Act established the Broads Authority, with a principal task of conserving and enhancing the natural beauty, wildlife and cultural heritage of the broads. Since 2015 the broads have the equivalent status of a National Park.



Barton Broad



Riverboat tours on the broads



Map of the Norfolk Broads



Wroxham Bridge over the River Bure



Bure Valley Railway

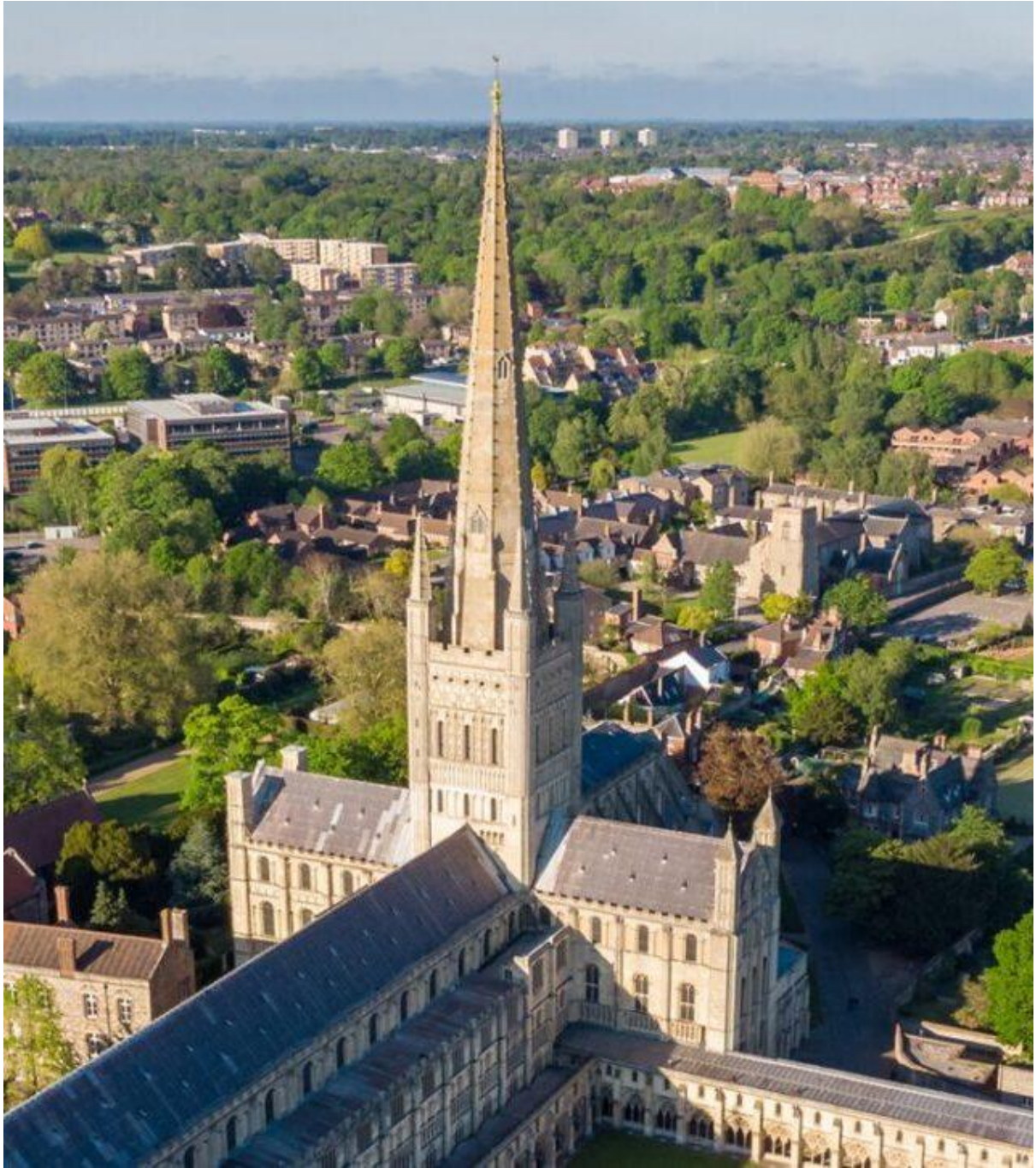
*Photograph and copyright owned by Ian Henderson, 2023*

## Norwich Cathedral

Dates from 1096 and was substantially completed in 1145. This basically Norman structure is of flint and mortar faced with Caen limestone.

This magnificent cathedral is one of the largest in Europe and is the second tallest in England.





## **Benoli Italian Restaurant**

This Italian restaurant is independently owned by chef patron Oliver Boon, and since opening in 2019 it has gained a reputation as being one of the best Italian restaurants – not just in Norwich but in the whole of the UK. Those dining here on Thursday night with ACES are in for a culinary treat.

### **Typical Table d'hote Menu (subject to change)**

**2 Courses: £35 pp / 3 Courses: £45 pp**

**Optional selection of snacks on arrival to be agreed upon booking**

#### **Antipasti**

Hake kiev, nduja butter, whipped baccala & coppa ham  
Beef carpaccio, Harry's Bar dressing, parmesan, garlic & bone marrow potato bread (cr)  
Burrata, blood orange, pistachio & honey glazed focaccia (v)

#### **Pasta**

Ricotta bottone, courgette, chilli, basil & puffed quinoa (v)

Pork collar ragu, Cerignola olive, red pepper, pangrattato & parmesan (cr)

Agnolotti carbonara, egg yolk & culatello ham (cr)

#### **Sides & Salads (additional charge £5.5 per salad.)**

Butterhead lettuce, chive emulsion & focaccia croutons (cr)(v)

#### **Dessert**

Dulce de leche tirami-choux (v)

Yogurt panna-cotta, rhubarb, basil & pistachio cannoli

If you are allergic or intolerant to any food products, please advise a member of the service team. Information about ingredients is available on request. Most of our dishes can be altered to suit dietary requirements. (v)=vegetarian (v+)=vegan (gf)= gluten free

## Adam & Eve pub, Norwich

At least 750 years old, this atmospheric pub claims to be the oldest hostelry in Norwich.

